

## Positive Alternatives 2017-18 Quarterly Update

**Grantee (Name and city):** YWCA Duluth: Duluth, MN

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**Goal:** To provide necessary services, pre-natal/post-partum case management, housing, education, referral, advocacy, and etc. in Duluth and surrounding areas.

**For the period/quarter:** April 1, 2017- June 30, 2017

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity	Report Count
<b>Administrative Activities</b>	Recruit, hire, and train 'Case Manager II' position. Provide training and support to grant funded staff. Attend Grantee Meetings. Complete all required grant reporting and data collection.			
<b>Outreach</b>	Maintain program waiting list and provide any needed assistance or advocacy to women on the list. Provide on-going community education opportunities for women not in residential program, maintain visibility in the community, collaborate with community service providers, and expand outreach and advocacy services to women that utilize the YWCA Early Childhood Education Center.			
<b>Car Seat Program</b>	Provide car seat education; provide car seats for women.	5	Seven participants received car seat education this quarter for 1.5 hours. Course was facilitated by state certified trainer.	7

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<b>Case Management – Prenatal/Post-partum</b>	Young Mother's Program residents, former residents, wait list participants, and eligible women utilizing the YWCA Early Childhood Education Center, meet with Case Manager II (bi-weekly). Assistance/support attending pre-natal appointments, birth plans, pre-natal education, post-partum meetings.	40		
<b>Case Management Services</b>	Residents of the Young Mother's Program will meet with Housing Case Manager weekly to work on Independent Living Skills Plans, goal setting, assessments, resource, referrals and advocacy services.	21		
<b>Crib Distribution/ Sleep Safety Education</b>	Provide pack and plays; provide sleep safety education to all housing program participants and offer quarterly sleep safety education to outreach participants.	5		
<b>Education Assistance</b>	Provide daily tutoring services; provide education planning assistance; provide assistance with completing grant/scholarship forms; provide assistance with college visits and tours.	5		
<b>Employment Assistance</b>	Provide pack and plays; provide sleep safety education to all housing program participants and offer quarterly sleep safety education to outreach participants.	5		

<b>Activity or Service</b>	<b>Activity or Service Description</b> Major Work Plan Activities	<b>Work Plan Count</b>	<b>Program Progress and Accomplishments</b> Report the progress and accomplishments made this period on each activity	<b>Report Count</b>
<b>Childcare</b>	Provide assistance with securing safe and affordable childcare; provide childcare assistance in specified circumstances.	5	Ten participants were provided assistance securing a spot and enrolling their infant in Early Childhood Education Center, additionally, when necessary assistance paying for tuition in emergency situations.	10
<b>Financial Assistance</b>	Provide help & advocacy with financial assistance application process; provide financial assistance for basic needs.	5	Six participants received assistance applying for cash assistance and/or maintaining necessary documentation and monthly paperwork. Provided basic need items for participants.	6
<b>Housing Assistance</b>	Women develop a plan that includes how they will support an apartment financially, what to do if they have a poor renter's history, credit counseling, and how to access other resources. Program manages and maintains 7 efficiency apartments and operates as 'Supportive Housing' program for women (ages 16-21) and children (birth-5). Collaborates with local HRA (Housing Authority) to provide access to affordable housing upon completion of program.	7		
<b>Life-Skills Education Program</b>	Provide all participants in residential program with Ansell-Casey Life Skills Assessment. Work with individuals to create Independent Living Skills Plan and goal setting, based off of needs gathered in assessment (housing, parenting, healthy support systems, health & wellness, transportation, employment, education, and etc.) Residents will participate in at least 2 groups each week.	42		

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<b>Material Support</b>	Provide basic needs such as food, diapers, baby, and maternity needs; provide assistance in obtaining basic needs from other resources.	5		
<b>Mental Health</b>	Provide referrals for mental health assessments; provide assistance with any mental health treatment.	10	Eight program participants received referrals for mental health services and/or assistance obtaining treatment services and support following therapist recommendations	8
<b>Nutrition</b>	Provide nutrition education; provide access to fresh produce through garden project; provide food when needed. In addition, cooking, food preservation, and budgeting programming will be provided monthly	140	Seven clients participated in nutrition education through UM-Extension office, as well as, food budgeting. Seven clients have access to fresh fruits and vegetables and each participate in planting and harvesting a garden bed.	140 groups 7 clients
<b>Pregnancy Testing/ Education</b>	Provide assistance with birth plans; provide assistance with obtaining a Doula and support for taking Birthing Classes through local hospitals; provide pregnancy education; support prenatal health and wellness.	1	One program client was provided a pregnancy test and referrals to Women's Care Center for ultrasound and parenting education program.	1 client
<b>Provide Necessary Services to all clients</b>	Provide intake assessment to determine need. Provide women with information on, referral to and assistance with securing pregnancy support services. Utilize resource database to provide information and make referrals	7-8	Fifteen women were provided necessary services intake assessments to determine barriers and needs of vulnerable women and their infants. Women were provided with resource referrals to assist with securing pregnancy support services, basic need items, and housing.	15 assessments
<b>Transportation</b>	Provide transportation to and from appointments; provide bus passes; provide assistance with obtaining a driver's license	42	Transportation assistance (971 rides and/or bus passes) to and from therapy, medical appointments, school, and, etc. were provided to program clients.	971 rides

<b>Maternal and Child Health Initiative Task Force Strategies</b>	<b>Number</b>
<i>Number of women who received car seats and car seat safety education from a PA funded program activity</i>	
<i>Number of women who received car seat safety education only from a PA funded program activity</i>	
<i>Number of women who received child abuse prevention education from a PA funded program activity</i>	
<i>Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity</i>	
<i>Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity</i>	
<i>Number of women who received sleep safety education only from a PA funded program activity</i>	

**Challenges:**

**Updates:**